

FIGS CARPACCIO

Thinly sliced figs layered with creamy Gorgonzola Dolce with thyme infused honey, toasted pecan and finished with shavings of Cecina

GOAT CHEESE AND BEETROOT SALAD

105

Roasted beetroot, paired with creamy goat cheese, topped with mix of crushed pistachios and walnuts

ORANGE SALMON CARPACCIO

Label Rouge Scottish Salmon dressed with citrus yuzu vinaigrette, cream fraiche and tarocco orange.

Homemade Pasta

FAZZOLETTI FUNGHI PORCINI (FOR 2 PERSON)

Homemade fazzoletti with porcini and girolle mushrooms, sautéed with aromatic herbs and topped with parmesan and fresh truffle

RISOTTO ALLA ZUCCA

Acquerello rice with roasted pumpkin finished with cheese fondue

GNOCCHI ALLA PERA E GORGONZOLA

Homemade gnocchi with sweet pear, gorgonzola dolce, toasted walnuts and 7 year aged balsamic

Dessert

PECAN TART

Pecan frangipane with a layer of caramel and pecan praline served with vanilla ganache and caramelized pecan

SEASONAL FRUIT PLATTER

Premium Italian fruits, served with vanilla whipped ganache

At GÅL, autumn arrives not just with the falling leaves, but with a deeper rhythm at the table. Our Autumn Selections are a tribute to the season's quiet warmth, reimagined with finesse and soul. Inspired by crisp evenings and golden afternoons, each dish tells a story of comfort, depth, and elegance.



ÅPPETIZER COLD BURRATA CONTADINA (D)(V) SELECTION OF MEZZE (D)(G) 190 105 Served with red, orange and yellow cherry tomato, Tzatziki, Ajvar and Tarama. Served with modena balsamic and marinated artichoke homemade pita bread CHERRY TOMATOES CAPRINO (D)(V)(G) OTTOMAN'S SARMA (D)(V)(Å) 79 75 Honey caramelized cherry tomatoes with goat cheese, Stuffed grape leaves with mixture of rice and herbs drizzled in thyme olive oil BEEF TARTARE (R)(G) 195 BEEF CARPACCIO (D(Å)(R) 190 Steak tartare dressed with homemade mayo Fresh truffle, rucola, parmesan shavings and served with oscietra caviar mustard vinaigrette WARM SEAFOOD SALAD (S) 265 ALASKAN KING CRAB (D)(S)(Å) 500 Steamed squid, prawns, langoustine, octopus, Fresh crunchy seasonal greens, steamed Alaskan King dressed with chili lemon citronette Crab with buttermilk dressing BRIE & CAVIAR (D)(S)(Å) Creamy brie with marinated artichoke, sun-dried tomato påte, caviar drizzled sweet olive oil HOT 130 LENTIL SOUP WITH HALLOUMI (D)(V) CAI AMARI FRITTI (G) 68 Creamy lentil and sweet potato soup with Add Red Mazara Prawns (+120 AED) grilled halloumi Served with zucchini fries and homamade mayo with lemon zest AUBERGINE PARMIGIANA (D)(V)(G) IIO 98 BEEF RIBS (G)(N) Pan fried eggplant, mozzarella cheese, parmesan, basil and tomato sauce Slow-cooked short rib cubes served on sweet chilli sauce with sesame seeds and spring onion FIORI DI 7UCCA (D)(G) 135 155 KOFTF (G)(Å)(D) Goat cheese stuffed zucchini flowers drizzled with thyme honey Beef meatballs served with pide bread and tomato salad SPANAKOPITA (D)(G)(Å) TANTUNI (G)(Å) 130 Greek pie made of crispy layers of phyllo dough with Turkish specialty made of beef tenderloin and mixed spices spinach and mix Greek cheese ESCARGOT (D)(S)(G)(N) GAMBERETTI GUVEC (S)(D)(G)(Å) 105 Oven roasted snails, garlic, shallot, chives, parsley, Prawns cooked in aromatic butter with garlic, chili, parsley, butter and bread served with bread GRILLED KALAMARAKIA (D)(S)(Å) Charcoal grilled baby squid served with black eyed bean salad SÅLÅD GRAPE SALAD (D)(N)(Å) WATERMELON & FETA (D)(V)(N)(Å) 70 105 Fresh grapes with caramelized pecans, creamy goat Freshly cut watermelon with feta cheese, mint dressing and almonds cheese and homemade balsamic dressing BODRUM FETA (G)(V)(D) 130 ARTICHOKE AND AVOCADO (D)(V)Å) 165 Black kalamata olives, red onions, green peppers, capers, Fresh artichoke, avocado, lemon, parmesan and olive oil cucumber, pickled baby capsicum, tomatoes, oregano, 80 KALE (N)(V)(G) croutons, olive oil and feta cheese Kale salad with bulgur rice and homemade balsamic 90

dressing

GÅL SALAD (D)(V)(N)(Å)

Steamed cauliflower infused with beetroot and saffron. Served on almond purée with roasted almond flakes, apple and citrus dressing

GÅL is derived from the word 'girl' or 'women'.

GÅL promises: Gastronomy, Årt and Lifestyle.

Our chefs will do their best to accommodate your dietary requirements. Please inform your waiter. All prices are in AED, inclusive of 5% V.A.T., subject to 7% municipality fee & 10% service charge. (V) - Vegetarian (G) - Gluten (S) - Shellfish (N) - Nuts (R) - Raw (D) - Dairy (Å) - GÅL Signature

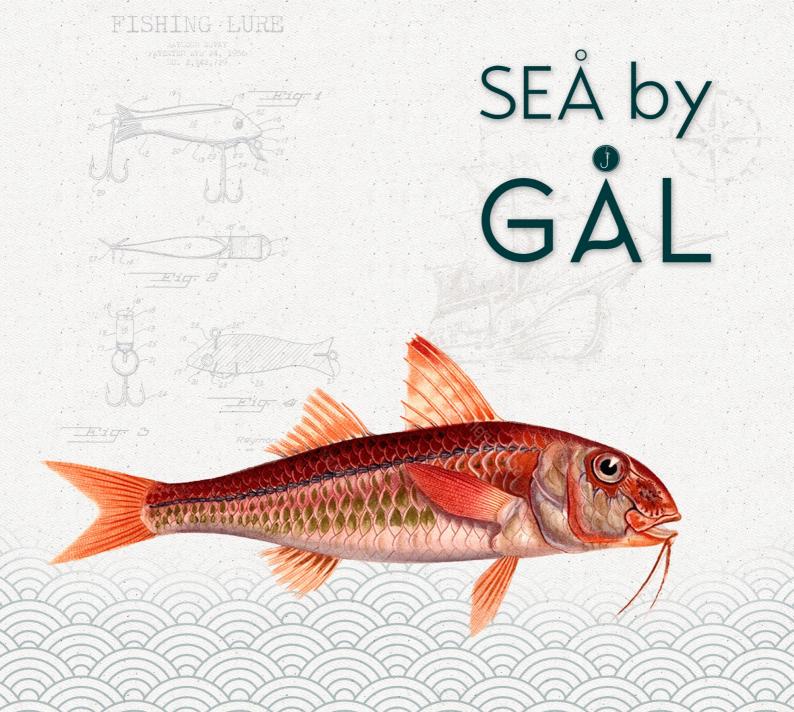
PIZZÅ LAHMACUN (D)(G) GÅLOSO (D)(N)(G) 155 195 Ground beef meat, onions, garlic, parsley, tomatoes, Burrata cheese, beef ham and pistacchio pesto onions and sumac TRUFFLE PIZZA (D)(G)(V) 235 Fior di latte cheese and parmesan cream with shredded fresh black truffle HOMEMÅDE PÅSTÅ (*All our pastas are daily made in-house.) CONCHIGLIONI CAPRI (G)(D) (For 2 person) GNOCCHETTI GAMBERO ROSSO (S)(D) 290 (*Do not forget to ask your bavetta.) Cherry tomato with red mazara prawns and pecorino San Marzano tomatoes cooked with lemon leaves, LINGUINE SEAFOOD (G)(S) 220 smoked provola, Mozzarella and fresh basil Mussels, clams, langoustine, prawn, squid and CACIO E PEPE (D)(G)(V) 170 cherry tomatoes Å summery Roman classic with pecorino cheese PAPPARDELLE DELLA DOMENICA (D)(G) 150 and toasted black pepper Cooked with South-Italian style of ragu MAFALDINE AL TARTUFO (D)(G)(V) AGNOLOTTI (D)(G) 170 Ribbon shaped pasta with parmesan fondue and truffle paste Filled with slow cooked beef wagyu, demi-glace sauce and salsa verde toscana on top Wheat pasta with tomato, Sicilian almond pesto MANTI (D)(G) 165 and burrata Handmade Turkish dumplings, filled with ground beef, RISOTTO PORCINI (D)(V) 210 onions and herbs. Served with yogurt, melted butter Porcini, parmesan, parsley, black truffle and butter and chili oil SPAGHETTI LOBSTER (G)(S)(Å) MP Mancini pasta cooked with lobster bisque sauce MÅIN COURSE SASLIK (D)(G)(Å) LAMB CHOPS (G) 295 320 Traditionally marinated grilled beef fillet with onion rings Marinated with sweet onion, pepper paste and cherry vinegar, served with roasted eggplant served over lavash bread GÅLLETTO (D)(G)(Å) WAGYU TENDERLOIN (G) (D) 500 270 Charcoal grilled wagyu beef tenderloin grade 7 Josper grilled baby chicken served on fried polenta served with sweet potato purée and demi-glace sauce with demi-glace JAPANESE TENDERLOIN A5 (G) (100 gr) 500 BEEF CHEEKS (D) 320 Served with yakiniku sauce and bok choy Slowed cook beef cheeks served with saffron risotto and candied orange top JAPANESE STRIPLOIN A5 (G) (100 gr) 500 VEAL MILANESE (D)(G)(Å) (For 2 person) Served with yakiniku sauce and bok choy 750 Breaded veal chop served with crushed potato TOMAHAWK (I kg) (for 2 person) 1490 MEDITERRANEAN OCTOPUS (S)(D)(Å) Charcoal grilled Australian 9+ Wagyu. Served with 275 crushed poatoes and cherry tomato Pan fried octopus with creamy potato, semi dried cherry tomato, onion confit and aromatic oil KOBE A5 BMSI2. (G) 4000 PRAWNS FRA DIAVOLA (D)(G)(S) 240 Charcoal grilled served with yakiniku sauce and Oven cooked prawns in garlic, chili, butter and lemon, bok choy (350gr) served with a parmesan risotto SIDE DISHES SAUTÉED SPINACH WITH GARLIC (V) 39 GRILLED VEGETABLE PLATTER (V) 210 MASHED POTATOES (V) HOMEMADE FRENCH FRIES (V)(D) 65 Add Truffle (+20 AED) SAUTÉED BROCCOLI WITH GARLIC & CHILI PEPPER (V)

CRUSHED POTATOES (V)

45



LIFESTYLE



SEÅ by GÅL

GALUGA CAVIAR (30G) (DIGIRI	640
Russian Osetra caviar served blinis boiled egg parsley	

Russian Osetra caviar served blinis, boiled egg, parsley, capers, shallots and sour cream

RUSSIAN CAVIAR (50G - I20G - 250G) (D)(G)(R) MP

Blinis, boiled egg, parsley, capers, shallots and sour cream

OYSTERS (S)(R)

All oysters served with apple dressing

GILLARDEAU NO.4 225 / half dozen 450 / dozen GILLARDEAU NO.3 55 / per piece

YELLOWTAIL CARPACCIO (G)(R) 135

Avocado cream with citrus vinaigrette

SALMON CEVICHE (R) 120

Marinated with Aji Amarillo sauce

SEABREAM CEVICHE (R) 135

Marinated with coconut sauce with pear and cucumber cubes

SEABREAM CARPACCIO (S)(R)

190

Served with mango, oyster and truffle dressings on the side

TUNA MARIN (G)(N)(R) 195

Bluefin tuna tartare with truffle dashi dressing, avocado cubes and chives

TONNO TONNATO (R)(G)(S)

195

Seared tuna served with tonnato sauce and capers

TUNA & YFLLOW TAIL TARTARE (R)(S) 195

Served with citrus jalapeño dressing

Trust our chefs to recommend the perfect preparation style that complements the freshness and quality of our sea food.

Our "Raw Bar" offers a wide selection of fresh sea food, all priced per kilogram.

FISH SELECTION FROM GREECE* (per kilogram)	950
FISH SELECTION FROM SPAIN* (per kilogram) *excluding XL size fishes.	1300
BLUE LOBSTER (per kilogram)	1400
SPINY LOBSTER (per kilogram)	1500
LANGUSTINE (per piece)	350
CARABINEROS (per piece)	350

RAW

Fish of your choice served carpaccio, tartare, or ceviche style

GRILLED

Charcoal grilled, served with Berre Blanc sauce or aromatic oil

GUAZZETTO

Cooked in a Mediterranean sauce with fresh tomatoes and olives

SALT CRUSTED

Served with a side of grilled vegetables and aromatic oil

PAN FRIED

With Meuniere sauce

TURKISH STYLE

Stewed with potatoes, onions, peppers in a saffron creamy sauce

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